



C.R.A.F.T. NEWS

October, 2003

The official voice of the Clinton River Association of Fermenting Trendsetters since 1996.
www.crafthomebrewclub.com

PICNIC HAPPENS

The annual CRAFT picnic was held at Phil and Michelle Lieblang's home on Saturday, September 13. Phil put in a special request with the weather bureau, and they sent us a beautiful sunny day of about 80 degrees. The kids who came enjoyed the pool, football fans enjoyed watching college football on the lifesize TV, and many homebrewers brought their favorite foods and homebrews to share.

Rich headed up the first annual club brew by creating a recipe for a "Big" Robust Porter, which included 40 (!) pounds of grain, which filled the mash tun just about to the top. The question of how much grain the pico system can hold was finally answered! Once the Porter was finished brewing, a second runnings was done to create a 5-gallon batch of small beer.

Our monthly meeting was held around 3:00, where lots of beer related activities were discussed. Perhaps we shouldn't try to hold meetings in the middle of outings where lots of beer is being consumed. The Secretary has a hard time keeping track of everything that is discussed during such times.

Sorry that Michelle had to work that day, but she did return home to a not totally trashed home sometime after dark, and chowed down on what was left of the goodies.

So thanks again to Phil and Michelle for letting us invade their space. We all had a great time.

October Meeting - Change of Venue

The October meeting was supposed to be held at the new Detroit Beer Company, but because they are fearful of the ATF giving them trouble if they allow homebrew to be consumed on the premises, the location of the meeting has been changed to the home of Kevin Kutskill. The time is still 7:00 p.m. on Monday, October 13. It will be nice to have a quiet place to have a meeting for a change. Thanks, Kevin.

V.P. Bill Gornicki



NEW CLUB YEAR BEGINS

The CRAFT homebrew club's fiscal year runs from October through September. For all you non-accountants out there, that means that payment of the annual membership dues are required this month. In other words, **the dues are due**. In case you forgot, or are new to the club, the annual dues are \$24, or \$36 for a couple. As usual, a perk of being an elected officer is free dues. So, if you don't like paying dues, run for office next May.

Hoppy New Year!

LOGO Merchandise

The merchandise order has finally been placed. If you ordered apparel with the club logo on it and have not settled up yet, please bring the money you owe to the next meeting. If you forgot how much you owe, just bring a blank check find out from Al Beers how much you owe, and pay Jerry or Al. Combine your LOGO payment with the club dues & pay at the meeting.



“old foamy”

Please remember to label the beer you bring to the club meetings and other outings. We like to know what we are drinking and who brewed it, so we can compliment the right person.



OUR HOURS ARE:

Closed Mondays

TUESDAY THRU FRIDAY 10 AM TO 8 PM

SATURDAY 9 AM TO 6 PM.

SUNDAY 10 AM TO 4 PM.

LOCATION

16812, 21 Mile Road. On the Southeast
Corner of 21 Mile & Garfield.

Macomb, Michigan

48044 – 2601

586-286-5202

FAX 586-286-5133

2003-4 Club-Only Competitions

<u>Month</u>	<u>Style</u>	<u>Category/Result</u>
August	Eur. Pale Lager	(we didn't place)
September	Spec/Exper/Hist	
November	Koelsch & Altbier	8
December	Barleywine	12
Mar/Apr	Mead	25
May	Extract Beers	1-24

The entries for the Koelsch & Altbier styles will be due by November 14; so judging within the club will need to be done around Halloween, or in very early November. So deliver your entries to Cap 'N' Cork prior to Halloween, or bring them to Kevin's house at the October meeting. If you are not entering this competition, contact Kevin soon if you can help out as a judge or steward. Help is always needed in these areas, and we are getting some really good beers entered lately, so you will have a chance to taste some really good beers if you help judge. Thanks for participating!

CRAFT OFFICERS

President – Rich Ross

Vice President – Bill Gornicki

Secretary/Newsletter Editor – Ken Schmidt

Treasurer – Jerry Bonnici

Webmaster – Steve Gower

Don't forget to bring your empty White Labs yeast vials to the next meeting or drop them off at Cap 'N' Cork. We will be sending them in soon to redeem for merchandise for future raffles. Thanks!!!

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The beer belly myth

English study finds higher 'waist-hip' ration not linked to beer drinking

Sept 29, 2003 - Research by the University of London indicates that the beer belly is misnamed, because that distinctive bulge isn't caused by beer. Further, the study found that women who drink beer tend to weigh less.

A research team led by Martin Bobak used data based in the Czech Republic, which boasts of the highest per capita beer consumption in the world. The data included 891 men and 1,098 women aged 25-64 who were either non-drinkers or drank exclusively beer and compared their body mass index (a measure of overweight) and waist-hip ratio, which measures beer belly.

The researchers found that when corrected for factors such as smoking, there was no significant link between beer drinking and a beer belly — and women who drank beer tended to weigh less, rather than more, than those who did not.

"It is unlikely that beer intake is associated with a largely increased waist-hip ratio or body mass index," the researchers wrote in the *European Journal of Clinical Nutrition*. "The association between beer and obesity, if it exists, is probably weak."

Boback said beer may not be the real culprit in a beer belly but beer drinking is linked to other aspects of diet and lifestyle that may cause a beer belly.

Minutes of September 13, 2003 Regular Meeting

Meeting was called to order at 3:00 p.m. at Phil Lieblang's house, during the annual picnic.

Treasurer's Report – \$20 in dues received, \$36 expenditure for the Bath City Festival, \$5 paid to the A. H. A., leaving a balance of \$457.

Old Business –

The Club-only competition entries in the Specialty/Experimental/Historic category were judged, with the following results—1st Place, Jerry's Honey Wheat; 2nd Place, Kevin's Double Southern English Brown; 3rd Place, Bill's IPA with oak; HM, Rich's Big Robust Porter.

The current CRAFT Club-only competition standings after 2 competitions are: Jerry 5, Kevin 3, Rich 3, Bill 1.

The upcoming club-only competition styles are Koelsch/Altbier (Due November 14), Barleywine (December), and Mead (April).

Jerry will be the club librarian until further notice. If there is a club edition of *Zymurgy*, it was thought that Al is receiving it.

Changes for next year's Bath City Festival booth need to be discussed.

New Business—

Our next Education Corner/Homebrew Feature, Kevin will have samples of his experiment; comparing decoction and infusion mash techniques.

The competition committee needs to choose a cup on which to display the Club-only competition yearly winner's name.

Art is looking for volunteers to run demo brews at his store. These should be three-part demos, including brewing, racking, and bottling or kegging. All parts of the demo should be scheduled in advance, so interested visitors will know ahead of time when to come to see each part of the process.

Rich will organize a road trip to a local brewpub in the near future.

Kevin is accepting contribution beers to add to his Solera beer.

Congratulations were extended to Kevin Kutskill, for passing the BJCP exam.

The next meeting will be held on Monday, October 13, where the by-laws will be discussed.

The meeting was adjourned at about 3:45 p.m., and the picnic resumed.